



St. Paul's Epistle

The Newsletter of
St. Paul's & Trinity Parish
Tivoli, New York
September 2019

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Called to Be Salt. Called to Be Light

“You are the salt of the earth. . .you are the light of the world
Matthew 5: 13,14

Dear Parish Family and Friends,

As the summer ends and we begin the fall schedule, there are wonderful events and opportunities being planned for our life together as we continue to share the life of God among us and with our surrounding community. Each event is designed to draw us closer together as a parish family and welcome those of the community to participate in our parish life and experience God’s Life-Giving Spirit among us.

The following are but a few of the rich inspiring events that await us as we enter this new season:

- Sunday School resumes, Sunday September 8 at 9:45 a.m.;
- Our Recovery Ministry is sponsoring life-saving Narcan training, Sunday, September 8 following the Eucharist;
- An ecumenical Taizé Prayer for Peace, Friday, October 4;
- A Bell Choir Ministry being launched with a workshop, Saturday, October 5 at 9am;
- A Festive Celebration of the Feast of St. Francis including the Bell Choir, Sunday, October 6;
- The Unveiling of the Eleanor Roosevelt Memorial, Saturday, October 12;

Jesus reminds his disciples that they are salt and light in the world. May we know that to be true of ourselves – his current-day disciples called to share the zest and light of God with all around us.

May God’s Spirit continue to work in and through each of us – bountifully,
Fr. Masud+

Bells – Bells – Bells!



Free handbell workshop here at St. Paul’s & Trinity on Saturday 10/5 at 9AM. The workshop is open to all members and non-members of St. Paul’s & Trinity; any age; any musical or not-musical ability. Bob Ward, area rep. for Malmark Hand Bells and I will lead this workshop. Come and experience the ease and fun of handbell ringing. This new handbell choir will rehearse on the first Saturday of each month in preparation for ringing in church on the first Sunday of each month. Find out if handbell ringing is for you!

Jim Stewart

Upcoming Recovery Ministry Events

The Recovery Ministry Committee is busy planning future events for the remaining of the year. The September event will be on how to use the Narcan Nasal Spray for an opioid overdose. It will be held on Sunday, Sept. 8 right after coffee hour. Narcan is used to counteract the life-threatening effects of an opioid overdose. If used promptly and properly, it could mean the difference between life and death. It is extremely easy to administer, although somewhat anxiety producing because of the unpleasant circumstances in which it is used. It's always best to work as a team, so the more people who know what to do, the better the chances are of the overdosed person's survival.

The 25 minute demonstration will be led by Joseph Logiudice, a counselor at the Council on Addiction Prevention and Education (CAPE). He will teach us how to recognize the signs of an overdose and how to check for a response. If it looks like an overdose, the first thing one should do is call 911. You, or someone else, should tell the 911 dispatcher "I think someone has overdosed." Make sure the dispatcher gets the correct address and all the other information requested.

The individual with the overdose person should then administer the spray and wait and watch the person closely. If the person does not respond in 2 minutes, repeat the procedures and give the second dose.

The Narcan spray has saved many lives, and the life you save could be a loved one, so please plan to attend, and invite your friends and neighbors. Joe will also answer any questions you may have, and every attendee will be supplied a Narcan Nasal Spray to keep at home.

Our event after that is a special Ecumenical Service and Thanksgiving Supper to be held on Friday, November 22, 2019. Fr. David Rickey will lead the service and preach on Forgiveness and Gratitude. The community will be invited and we will especially welcome the hungry and the homeless to break bread with us. Please plan to attend this event and your assistance will be appreciated. We will need people to help us set up, serve, and clean up, in addition to a covered dish to serve 6 to 8 people. More information will be provided as we approach this date.

Fernando Soto

St. Paul's & Trinity Parish Events:

- Sunday, September 8 at 9:45 a.m.; Sunday School resumes,
- Sunday, September 8 following the Eucharist; Narcan training,
- Monday, September 9th at 6:00 p.m.; Vestry meeting
- Friday, October 4; Ecumenical Taizé Prayer for Peace,
- Saturday, October 5, at 9a.m.; Handbell workshop
- Sunday, October 6; A Festive Celebration of the Feast of St. Francis including the Bell Choir
- Saturday, October 12; Unveiling of the Eleanor Roosevelt Memorial,
- Friday, November 22; Ecumenical Service and Thanksgiving Supper



The Crop Hunger Walk

is celebrating being in operation for the past 50 years.

Churches in Red Hook, Rhinebeck, and Tivoli have been participating for 40 years. This year's walk will be held on Sept. 29th, starting at the Rhinebeck

Reformed Church at 1 p.m. To walk or donate to this cause, See Deb Gruntler or go on line at crophungerwalk.org/rhinebeck. On the website, you will find our walk listed under Northern Dutchess County walk.



Mission and Outreach



Thank you to all who helped make this year's Kindergarten back pack drive so successful. Because of your donations, we are sending 5 children off to school this Wednesday, with all the supplies they need for the first year of their education.

Sunday School

is set to start September 8, at 9:45 am downstairs in the Sunday school room. If you know of anyone with small children ages 5-10 please share this info with them.



News From The Carousel

Hours of operation are Saturday from 10am-1pm.

We are closed 8/31 and 9/7 to set up for our Fall Season.

Thanks to the Carousel Steering committee for being there every Wednesday to clean the shop and re-stock. We couldn't function without them!!!!

Donations come in weekly. The Committee asks that only gently used clothes and small household items be donated. (Please, NO furniture, anything with a plug, toys, stuffed animals, books, and bedding.)

We hope you'll visit the Carousel on September 14 at 10am, come see the new look and new fall items.



Thank you!
Audrey Smith